



THE ORGANIC PREPPER

The Official Blog of the Apocalypse

**The Organic Prepper's
QuickStart Guide to
Starving the Beast**

85 Ways to Starve the Beast



A term coined in 1985 by an unnamed staffer of the Reagan administration was “Starve the Beast”. This referred to a fiscally conservative political strategy to cut government spending by paying less in taxes. So, in the original sense, “the Beast” was the government, and people were to starve said beast by spending less and using loopholes to pay less in taxes.

Now that Beast is a whole lot bigger.

These days the Beast has a lot more tentacles than just the government. The system now consists of the government and all aspects of corporatism.

Big Agri, Big Pharma, Big Tech, Big Food, Big Banking, the Military-Industrial Complex, and Big Oil, to name a few.

It seems that now it's the Beast that's doing the starving, as small businesses close because they can't compete with WalMart. Bigger chains are run out of existence by Amazon. The family farm is on its way out because it can't compete with the huge, subsidized mega-farms. And people are going bankrupt because they can't pay the outrageous medical bills.

These mega-corporations aren't there to make our lives better or easier. They're there to make as much money as possible and they'll run you over if you get in their way.

When I first wrote about this in 2013, Big Tech wasn't quite as prevalent. The Covid

pandemic response had not yet upended our economy and effectively wiped out the middle class. Vaccine mandates had not yet necessitated a parallel economy.

Perhaps there's more reason than ever to starve the beast.

Is it convenient to starve the beast and avoid doing business with mega-corporations or to work around funding endless wars that kill and maim our young people while enriching the Military-Industrial Complex?

No, but it's time. It's time for a parallel economy.

It's time for another financial revolution - one where people group together and use the power of the pocketbook to starve all the arms of this Beast that would swallow us whole.



If we vote with our dollars, eventually there will, of necessity, be a paradigm shift that returns us to simpler days, when families who were willing to work hard could make a living without selling their souls to the corporate monoliths.

Every penny you spend with small local businesses is a penny that the big corporations won't have.

Everything that you buy secondhand or barter for is an item on which you won't pay sales tax.

Disassociate yourself as completely as possible with "the system" that is making Western civilization broke, overweight and unhealthy.

Here are 85 ways to starve the Beast.

Starve the Beast by taking as many of these steps as possible...

1. [Grow your own food](#)
2. Buy only heirloom seeds (and [get them from small family businesses like this one.](#))
3. Learn how to save seeds.
4. Shop at local businesses with no corporate ties.
5. Get out of debt.
6. Stay out of debt.
7. Use natural remedies instead of pharmaceuticals whenever possible.
8. Homeschool your children. If you can't homeschool, at the very least, spend time undoing the indoctrination by giving them the tools to think critically.
9. Walk or bike instead of driving when you can.



10. When possible, get care from naturopaths and other healers instead of doctors.
11. Make [paper logs from scraps](#) for free heat if you have a wood-burning fireplace or stove.
12. Boycott [processed foods](#).
13. Shop at local farmer's markets.
14. Buy directly from the farms themselves.
15. Join CSAs (community supported agricultural cooperatives).

16. Don't buy from corporate stores: Wal-Mart, Costco, Best Buy, Home Depot. Instead, pay a few extra dollars and buy from local vendors.
17. Give vouchers as gifts for an evening of babysitting, a homemade meal, walking the dog, doing a repair, or cleaning
18. Ditch television (and all the propaganda and commercials). If you want to view programs, enroll in a streaming service without commercials.
19. Better yet, read a book.



20. Participate in [the barter system](#) - although remember that even if no money changes hands, the government would like for you to let them know so you can be duly taxed. *cough*
21. Buy secondhand from yard sales, Craigslist, online marketplaces, and thrift stores
22. Sell your own unwanted goods by having a yard sale, setting up an eBay account, or putting an ad online.
23. [Repair things](#) instead of replacing them
24. Avoid fast-food restaurants and chain restaurants
25. Dine at locally owned establishments if you eat out.
26. Brew your own beer and wine.
27. Cook from scratch to avoid all those Big Food chemicals and additives.
28. Grow or gather [medicinal herbs](#).
29. Give homemade gifts.

30. Attend free local activities: lectures, concerts, play days at the park, library events.
31. Dumpster dive unashamedly.
32. Pick up things from the curb.
33. Play outside: hike, bike, picnic.
34. Mend clothing.
35. Invite someone over for dinner instead of meeting at a chain restaurant.
36. Throw creative birthday parties at home for your kids instead of having it at a chain venue.



37. Travel to other countries and note how most are not filled with mega-corporations, and local businesses still thrive.
38. Bring your coffee with you in a travel mug.
39. Do all of your Christmas shopping with small local businesses and artisans.
40. [Reduce your electricity usage](#) with candles, solar power, and non-tech entertainment.
41. Drop the thermostat and put on a sweater.
42. Bring your snacks and drinks in a cooler when you go on a road trip.
43. [Stay home](#) - it's way easier to avoid temptations that way. Shopping should not be a form of entertainment.
44. Pack lunches for work and school.
45. Make delicious homemade treats as a hostess gift.

46. [Close your bank account](#) or at the very least, strictly limit your balance.
47. Visit u-pick berry patches and orchards, then preserve your harvest for the winter. (Check out my book, *The Prepper's Canning Guide*)
48. Use [precious metals](#) stored at home as your savings account.



49. Raise backyard chickens for your own eggs.
50. If you are a smoker, roll your own cigarettes.
51. If possible, go one step further and grow tobacco.
52. Use solar power for lighting or cooking.
53. Collect rainwater for use in the garden
54. Learn to [forage](#).
55. Buy heavy, solid, handmade furniture instead of the flimsy imported stuff.
56. Consider getting good quality antique furnishings instead of buying new.
57. At the holidays, [focus on activities and traditions](#) instead of gifts.
58. Make your own bath and body products using pure ingredients like coconut oil, essential oils, and herbal extracts
59. Use [alternative social media](#).
60. Get an old-fashioned flip phone while you still can.
61. Drive an older car without GPS tracking.

62. Use a VPN like ExpressVPN to keep your location information masked on your electronic devices.
63. Avoid adding surveillance technology such as [Ring](#) or [Nest](#) to your home.
64. Go in with a trusted friend for large purchases like garden equipment, half a cow, or home preservation equipment.
65. Get secondhand books. Unless you like to keep your books once you've read them, you can often swap them in for new-to-you reads at used bookstores.
66. If you are a skilled crafter, consider starting an Etsy store.
67. Support artisans by purchasing gifts from places like Etsy.



68. Look into raising food with hydroponics or aquaponics.
69. Start your own business.
70. Considering moving to a state with lower taxes.
71. Make donations and get receipts for tax write-offs.
72. Purchase a used vehicle (for cash if possible instead of making payments).
73. Do a clothing swap with friends instead of buying new stuff.
74. Swap or hand-down children's' clothing.
75. Consider whether cryptocurrency is a good option for you.
76. Get a 3D printer and supplies [before they start making us register them](#).
77. Look into credit unions instead of banks.

78. Visit library sales for books you want to own.
79. Get a library card for all the free books you can read, as well as DVDs and magazines.
80. Encourage your kids to go to vocational schools instead of universities.
81. Learn to reload ammunition.
82. Teach your children and grandchildren old-fashioned self-reliance skills.
83. Learn to knit, crochet, and sew.
84. Before throwing something away, strip it of all useful parts: buttons, trip, hardware, fasteners, etc. I even know some people who unravel knitted sweaters they no longer want.
85. Learn to service your own vehicle.

Will these activities save America from corporatism and government overreach?

Maybe not, but at least you'll be doing your small part to rebel. Like David fighting Goliath, we are small but we are mighty enemies.

